



Weekly Newsletter 31st January 2025

Diary dates

11 th February	Pupil progress meetings- 3:30-6:30
13 th February	Water Safety Talk
13 th February	Pupil progress meetings- 3:30-5:00
14 th February	Break up for half term
24 th February	Return to school.
25 th February	Year 1/2, Tropical World
27 th February	Military Meet up 8am Breakfast
4 th March	Year 5/6 Newcastle Mosque & Centre for Life
11 th March	EYFS & KS1 dance
13 th March	World book day
17 th March	Parents SATS information evening 5:00pm
18 th March	Learning together science morning till 9:00-9:30
24 th March	Parents Forum 6:00-7:00
1 st April	Y3/4/5/6 Striking & Fielding competition - Outwood
3 rd April	Easter Service 2.15pm
4 th April	Non uniform day/ FOSS Easter fair
4 th April	Break up for Easter
22 nd April	Return to school

Online Safety Talk by Tim Pinto

On Wednesday, our school had the pleasure of welcoming Tim Pinto, an expert in online safety, who delivered an insightful and engaging talk to our children. The session focused on the potential risks and consequences of online activities and provided valuable advice on how to navigate the digital world safely.

Tim emphasised the importance of being cautious about sharing personal information online and highlighted how easily one can be tricked into revealing sensitive details. He also offered practical tips on how to handle online situations at home, ensuring that children feel equipped to protect themselves and their privacy.

The children were highly engaged and asked numerous questions, reflecting their keen interest in the topic. Tim's advice will undoubtedly help our children become more aware and responsible digital citizens.

We are grateful to Tim Pinto for his time and expertise, and we look forward to more such informative sessions in the future.

A parent session delivered by Tim will be shared with parents very soon.

Pupil progress meetings

Please book on Arbor to meet with your child's class teacher. Tuesday 11th February 3:30-6:30 & Thursday 13th 3:30-5:30. Any problems with booking please speak to your child's teacher or Mrs Elcombe in the office.

School Trips

Please keep an eye out on Arbor for the school trips. We have some exciting ones coming up. Year 1 & 2 are going to Tropical world and Year 5 &6 are going to Newcastle Central Mosque and Centre for Life.

All consent & Payment for these trips are now available on Arbor.

World Book Day

World Book Day will bring stories to life and ignite the imagination of our young readers! We invite all children to come to school dressed as a book character. This is a wonderful opportunity for children to share their love of reading and creativity with their classmates.

What to Do:

1. Choose a Character: Encourage your child to pick a character from their favourite book. It could be anyone from Harry Potter to Matilda, or even the Gruffalo!
2. Dress Up: Help your child create a costume that represents their chosen character. Be as creative as you like!
3. Bring the Book: If possible, have your child bring the book that features their character. This will allow them to share a bit about the story with their friends.

Why Participate?

- Encourages Reading: This event promotes a love of reading and helps children connect with their favourite stories in a new way.
- Boosts Creativity: Creating a costume allows children to express their creativity and imagination.
- Builds Community: Sharing stories and characters fosters a sense of community and excitement.

We can't wait to see the amazing costumes and hear about the wonderful books that inspire our children. Let's make this a memorable event filled with fun, laughter, and a love for reading!

Happy Reading!

Learning Together Morning of science

The upcoming Learning Together Morning is a special event designed to give you a glimpse into the fascinating world of science education at our school.

Why Attend?

- Understand the Curriculum: Gain a better understanding of what your child is learning in science.
- Support Your Child's Learning: Discover ways to support and encourage your child's interest in science at home.
- Build Connections: Strengthen the bond between home and school by engaging in your child's education and connecting with teachers and other parents.

We believe that involving parents in the learning process is crucial for children's success. Your participation in Learning Together Morning will not only enhance your child's educational experience but also foster a love for science that can last a lifetime.

We look forward to seeing you there and sharing the joy of science learning with you and your child!

Foss

Thanks to supporters of Sharow Primary School - Ripon has raised £1.5k so far. You can support them every time you shop online at no extra cost, and you can too this year! Sign up today to #easyfundraising and raise free donations when you shop online with over 8,000 retailers! All the big names like eBay, Argos, Marks and Spencer, John Lewis & Partners, Etsy, Tesco and Just Eat are ready to donate. Plus, sign up today and our school could win a £250 donation: <https://join.easyfundraising.org.uk/sharowschool/usc8tw/s2s/72uMeock/SE870/fac ebook/>

Every new supporter who signs up will earn Sharow Primary School - Ripon the chance to win one of four £250 donations*

LoveReading

As we love to read, and we want to encourage reading at home. If parents, carers, Family and friends buy books through LoveReading and LoveReading4Kids and you allocate funds to Sharow, 25% of the cover price for every book sold will come to the school so we can keep buying books which the children will enjoy and encourage them to read more.

<https://www.lovereadings4kids.co.uk/school/10184>

Forest School.

We always welcome volunteers to these sessions. If you have a spare Tuesday afternoon for one of more of these sessions, please get in touch with the office.

Consent

We sometimes capture photos and videos of pupils to record school activities which happen on a day-to-day basis, or when on a school visit or special events. We have recently updated the consents with regarding photos and videos, please find these on the Arbor, or you may have had an email reminder to do these.

Wraparound Care

Due to increased popularity, after school places **MUST** be booked to ensure that we have space. We understand that things may change last minute, in that instance phone or email the school.

Our Children's Screen Time

A recent survey of our year 5 and 6 children shows the amount of screen time that our children have:

Weekdays	
0-1 hours	4
1-2 hours	7
2-4 hours	17
Over 4 hours	2

Weekends	
0-1 hours	0
1-2 hours	3
2-4 hours	17

This shows that most Year 5 and 6 children have between 2-4 hours of screen time on both weekdays and weekends. However, there's a noticeable increase in the number of children spending over 4 hours on screens during weekends.

Reflecting on this data, here are some potential impacts of screen time on children:

1. **Physical Health:** Prolonged screen time can lead to physical issues such as eye strain, headaches, and poor posture. Children who spend a lot of time on screens may also be at risk for developing neck and back pain.
2. **Mental Health:** Excessive screen time has been linked to increased risks of anxiety, depression, and sleep disturbances in children. The overstimulation from screens can affect their ability to relax and fall asleep.
3. **Cognitive Development:** High screen time, especially in younger children, can impact cognitive development. Studies have shown that children who spend more than two hours a day on screens may score lower on language and thinking tests. Additionally, excessive screen time can lead to delays in communication and problem-solving skills.
4. **Social Skills:** Spending too much time on screens can reduce opportunities for face-to-face interactions, which are crucial for developing social skills. Children may miss out on important social experiences that help them learn to communicate and collaborate with others.
5. **Physical Activity:** More screen time often means less time for physical activities. This can contribute to a sedentary lifestyle, increasing the risk of obesity and related health issues.

To mitigate these impacts, it's important to encourage balanced screen time and promote other activities such as outdoor play, reading, and hobbies that don't involve screens. Setting clear rules and being a role model in screen usage can also help children develop healthier habits.

How do you feel about these findings? Are there any specific concerns you have regarding the children's screen time?

How Safe is WhatsApp for Children - NSPCC

WhatsApp is one of the most popular instant messaging apps, used by over 2 billion people in 180 countries. It allows you to send and receive messages, as well as make voice and video calls. You can connect with people individually or join group chats where lots of people can contribute. All you need to set up a WhatsApp account is a phone number. However, children and young people can easily subvert the restrictions placed on its access. Although rated at 16+, all that is required is a phone number. All it takes is one child in a class to be on whatsapp, and all the others will wish to join. This can lead to increased vulnerabilities for child users. The NSPCC has released its own analysis about the dangers of the app. If interested, please follow the link below:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/2023-01-12-is-whatsapp-safe-for-my-child/>

Out of School Achievements

This week Olivia Received a Distinction in her Ballet Preparatory Grade. Well Done, Olivia. Keep up the good work!

On Monday Nicholas received the Badger of the Year 2024 award at his unit In Ripon. Well done, Nicholas!

If your child has any out of school achievements, we would love to hear about them. Send pictures and information to admin@sharow.n-yorks.sch.uk



Community Notices

Please see below for fliers about activities in and around Ripon.

Ripon Ladies Cricket

ALL ages and abilities WELCOME



COME ALONG, ENJOY A NEW SPORT. HAVE A LOT OF FUN!
**Indoor nets starts
2nd March 3pm-4pm**

OUTDOOR TRAINING SUNDAY MORNINGS
FESTIVALS THROUGHOUT THE SUMMER

For more information contact
Beckie at Beckie1410@gmail.com
Ripon Clubhouse, Studley Road, Ripon, HG4 2QH



www.netball4all.com

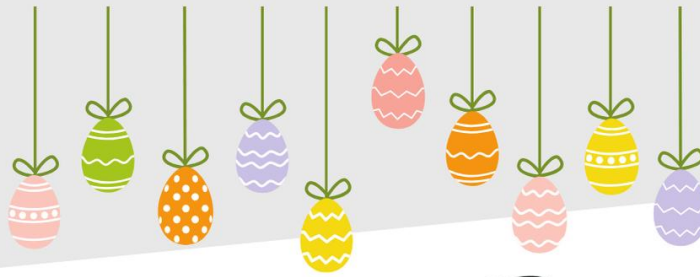
FEB HALF TERM CAMP



- BOROUGHBRIDGE HIGH SCHOOL
- TUESDAY 18TH FEBRUARY
- AGES 4 TO 6YRS - 10AM TIL 12PM
- AGES 7 TO 14YRS - 10AM TIL 3PM
- £10 MORNING / £25 DAY

Sign up for a day of netball this half term. Prizes
up for grabs & certificates for all.
Get your trainers on & join us!





EASTER HOLIDAY CLUB

FUN, ADVENTUROUS, AND CREATIVE, OUTDOOR ACTIVITIES FOR 5-12 YEAR OLDS



7TH APRIL 2025

8TH APRIL 2025

9TH APRIL 2025

£34
Per day

Activities

- ✓ Den building
- ✓ Fire lighting
- ✓ Tool area
- ✓ Mud Kitchen
- ✓ Games

9am-3pm

Admiral Long School
Burnt Yates HG3 3EJ

Book via our Facebook page
Outdoor Adventures Forest School

More Information Madeleine: 07886821453

