



Weekly Newsletter 12th September 2025

Diary dates

23 rd September	Year 5/6	Football festival- Ripon Outwood.
24 th September	All Years	Harvest Festival – 2.15
1-3 October	Year 5/6	London Residential
1 st October	Year 1/2	Harlow Carr
8 th October	All Years	Flu Vaccinations
13-15 October	Year 3/4	Marrick Residential
14 th October	Year 5/6	Netball festival- Ripon Outwood
23 rd October	All Years	3.15 school closes
24 th October	All Years	INSET Day
3 rd November	All Years	Back to School
4 th November	Year 3/4	Football Festival- Ripon Outwood
5 th November		Bag2School
4 th December	All Years	Mrs Gayle- Sing to Parents
10 th December	EYFS & KS1	Nativity
15 th December	All Years	Carols around the tree
19 th December	All Years	3.15 school closes for Christmas

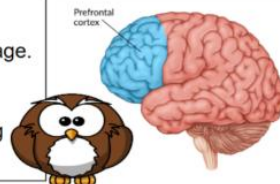
🧠 What Is the Triune Brain?

The triune brain is a model that helps us understand how the brain works by dividing it into three parts. It's not exactly how the brain is built, but it's a useful way to think about how children (and adults!) respond to the world.

We use this model in school to help us all understand our behaviours and others around us.

Owl (PFC - Pre-Frontal Cortex)

- My **Thinking** part of my brain - creating, organising, problem solving, imagination and language.
- This part of my brain is not fully developed until I am about **25!!** (Wow that is old.)
- My Meerkat (Amygdala) must be **calm** if I want to use my Owl brain.
- If I am stressed, upset, and feel threatened I cannot access this part of my brain and learning and listening might be hard for me.



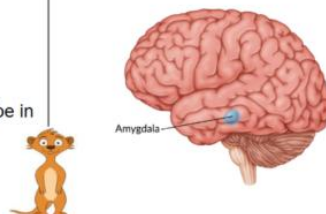
Elephant (Hippocampus)

- My **Memories** and information are stored here.
- I remember how things made me feel. Good things **AND** bad things.
- It helps me learn about everything in my life such as, smells, sounds, places, people and so on.
- If I remember something that scared me, my Meerkat will wake up!



Meerkat (Amygdala)

- My **Internal Alarm** system!
- It keeps me safe, tells me when there is danger, known as **FIGHT (stay and fight), FLIGHT (run away) or FREEZE (stop completely)**.
- **BUT!** it also reacts to imagined threat or our worries even though we may not actually be in danger. Got butterflies in your tummy? that's Meerkat!
- When I am in Meerkat brain, I cannot think clearly, I am only thinking of survival.



In this short video, children provide even more information:

<https://youtu.be/eVhWwciaqOE?si=9Fcx6BM79m74GqvC>

PE Days by Year Group:

Year 1 & 2

- PE Days: Monday & Thursday
- Bring PE kit on Monday, it will stay in school and be sent home on Friday.

Year 3 & 4

- PE Day: Monday – Come to school in PE kit
- Swimming: Friday – Wear school uniform and bring swimming kit

Year 5 & 6

- PE Days: Monday & Friday – Come to school in PE kit

Thank you for your support in helping children be prepared and ready to enjoy their PE lessons!

Sports Club Year 1-6

We're excited to announce that Sports Club will be starting again from the week commencing Monday 8th September and will run for 13 weeks, right up until Wednesday 10th December.

Cost: £4.50 per child, per week.

If you would like to book a place for your child in the Sports Club, please

visit: www.sportinginfluence.com/parents/events

We look forward to another fun-filled term of activities!

Magic Club Years 3-6

We're excited to announce that Magic Club is back and will run every Tuesday until the half term break. Led by Mr Hutchinson—a professional magician and proud member of the Harrogate Society of Magicians—this club promises wonder, fun, and a touch of mystery for all who take part. Get ready to be amazed! [Home - Rob Hutchinson Magician](#)

Thank You, FOSS! 🙏

We'd like to say a huge thank you to FOSS (Friends of Sharow School) for funding our amazing new hand dryers in the children's toilets!

These new dryers are faster and more energy-efficient — making a real difference to our children's daily experience. We're so grateful for FOSS's continued support in helping us improve our school environment.

💖 Your fundraising efforts truly make a difference — thank you!

Website information [Sharow CofE Primary School and Nursery](#)

A reminder to visit our school website for up-to-date information about your child's class. You'll find class timetables, termly overviews of learning, and other useful details to help you stay informed and support your child's learning journey. It's a great way to see what's coming up and how you can get involved!

Introducing Our New Home Learning Policy [policy-Home-Learning.pdf](#)

We're pleased to share our updated Home Learning Policy, which reflects the values of our school and the voices of our community. This policy has been shaped not only by educational research, including findings from the Education Endowment Foundation, but also by the thoughtful feedback of parents, staff, and pupils.

At Sharow School, we believe learning should be fun, engaging, and relevant—whether it happens in the classroom, on the sports pitch, or at home. We understand that every child is different, and that home learning can be a joy for some and a challenge for others. That's why our approach is flexible and designed to support both children and families.

The policy recognises the importance of family time, play, and personal interests, while also offering opportunities to reinforce classroom learning and strengthen the home-school partnership.

We invite you to explore the full policy and look forward to working together to make home learning a positive experience for everyone.

Updated Behaviour and Relationships Policy [policy-behaviour-and-relationships.pdf](#)

We've recently updated our Behaviour and Relationships Policy, which is now available to view on the school website. The policy is designed to promote a positive learning culture, support children in understanding appropriate behaviours, and encourage self-esteem, self-regulation, and strong relationships. It also outlines how we reward success and respond to challenges in a way that supports wellbeing and safety. Over the coming term, we'll be sharing more about our approaches and how they support a safe, nurturing environment for all.

Tax Free Childcare

Did you know you can get up to £500 every 3 months (up to £2,000 a year) for each of your children to help with the costs of childcare. This goes up to £1,000 every 3 months if a child is disabled (up to £4,000 a year). [Tax-Free Childcare - GOV.UK \(www.gov.uk\)](#)

We're Hiring! Join Our Team at Sharow School

We're currently recruiting for two exciting roles:

- ◇ After School Club Supervisor
- ◇ After School Club Assistant (£12.85/hour, Fridays 3:15–5:30pm, term-time only)

If you have experience working with children, strong communication skills, and a nurturing approach — we'd love to hear from you!

Why Sharow?

Be part of a warm, creative and supportive team that puts children's wellbeing and development at the heart of everything we do.

👉 Apply for Supervisor Role [After School Club Supervisor](#)

👉 Apply for Assistant Role [After School Club Assistant](#)

👉 Please share this opportunity with anyone you think might be interested

FOSS

Want to socialise and help Sharow School?

You might have seen the initials FOSS and not known much more about it. FOSS are Friends of Sharow School. We are the PTA (but not the kind of PTA you see in movies). We are a friendly bunch of parents / carers who arrange fundraising activities such as discos and fairs.

Our aim is to put on events that children and families can enjoy that also make money that can fund events and resources for the school. We are always on the look out for new members and you can contribute as little or as much as you like (we totally understand how busy life gets).

If you would like to join, want to know more, or have any ideas or feedback that could be helpful, please drop us an email on fosssharrow@gmail.com or 07910520336

Parent Governor Election – Coming Soon!

We will be launching the Parent Governor Election process next week. This is a fantastic opportunity for parents and carers to get involved in shaping the future of our school.

Keep an eye on your inbox – full details and nomination forms will be sent via email. We encourage all interested parents to consider standing for election or nominating someone who would be a great representative for our school community. Your voice matters – let's work together to make a difference!

Out of school achievements

If your child has any out of school achievements, we would love to hear about them. Send pictures and information to admin@sharow.n-yorks.sch.uk

Safeguarding

North Yorkshire Children's Social Care: 0300 131 2 131

Email: social.care@northyorks.gov.uk

Police: 0845 60 60 247

How do I make a referral? Referrals can be made via the universal referral form or following an Early Help Assessment. Both can be located on North Yorkshire Safeguarding

Children Partnership website: <https://www.safeguardingchildren.co.uk/professionals/forms-and-tools/>

Urgent referrals can be made via telephone to the Customer Resolution Centre on 0300 131 2 131.

Any concern(s) about a professional should be referred to the LADO within 24 hours of the incident. Contact the Duty LADO on 01609 533080



Harvest Service

September 28th
10am



Bring & Share Lunch afterwards

All Welcome


Pumpkin Patch

An illustration on a dark green background featuring several pumpkins in shades of orange and yellow. A large, striped green and yellow pumpkin stem curves across the right side. A black spider is on the left, and two black bats are flying in the upper right.

Pick your pumpkin, carve it on site, dress up if you like and give us a fright!!

**18th – 31st October
at Ripon Walled Garden**

Open 9.30am – 4pm

A close-up, textured illustration of a pumpkin's surface, showing vertical ridges and warm orange and yellow tones.

All proceeds will go to support our Members with learning and physical disabilities.

Registered Charity No: 1049030