



Weekly Bulletin 12th January 2024

Diary dates

18 th January	School Disco 5-7pm St John's Church
22 nd January	Learning together Afternoon from 2.30pm
23 rd January	Parents Reading Information Evening
25 th January	Safer Internet Day
6 th February	Pupil Progress Meeting 3.30-6.30pm
7 th February	Pupil Progress Meeting 3.30-5pm
22 nd February	Military Meet up Breakfast 8am
5 th -7 th March	Year 6 Bikeability
7 th March	World Book Day
11 th March	SATS Parent information evening 5.30pm
12 th March	Learning Together Morning till 9.30am
18 th March	Parent Forum 6pm
21 st March	Easter Service St John's Church, Sharow 1.30pm all welcome.
22 nd March	Non-Uniform Day funds going to FOSS

Learn a brass instrument

Today we have been very excited to have Mark Sidwell in school to play some brass instruments for us. If your child is interested in having brass lessons during school time, please click [here](#) for further information on how to book.

Learn the guitar

If your child is interested in learning how to play the guitar in school time, please click [here](#) for further information and how to book lessons.

Spelling

From January onwards our spelling routine is changing.

Although many children can accurately remember a list of 8 words for a test, they may struggle to apply these in sentences. We want children to become confident with the patterns within English and apply these to a range of words.

The main change that you will see is that there will no longer be a weekly spelling test. We will still have lists of example words but they will be shorter and used as a guide to demonstrate the spelling pattern. For more information please look at the website

Five ways to save money on your packed lunch

Over the last year, staple lunchtime ingredients have gone up in price at the supermarket. That's why we're sharing these five ways to save money on a packed lunch.

[Five ways to save money on your packed lunch - BBC News](#)

What will my child learning this term?

Take a look at your child's class page on the website to find out what they will be learning this term. More information about individual subjects can be found in the curriculum area of the website too.

Uniform

We believe that parents have a duty to send their children to school correctly dressed and ready for their daily school work. One of the responsibilities of parents is to ensure that their child has the correct uniform, and that it is clean and in good repair.

The school uniform:

Black shoes, white polo shirt, Sharow school or plain navy jumper/cardigan, navy or dark grey skirt, skort or trousers. Blue gingham dress or dark grey shorts in the summer.

Hair accessories should be in simple and smart.

As we encourage our Reception children to spend their learning time exploring the environment, which very often includes mud, sand, paint and water, the children in reception can wear either a white or navy-blue polo shirt.

PE Kit:- Blue shorts, plain white t-shirt, socks, pumps, trainers (for outdoor use). Navy tracksuit bottoms and Sharow school or plain navy jumper (winter uniform). Hair must be tied up and no jewellery to be worn on PE days.

Each half term we hold pre-loved uniform giveaways where you can rehome good quality school uniform. If you have any pre-loved uniform, please put it in a carrier bag and deposit it in the brown lidded bin near the bike shelter. If you have a need for uniform at anytime, please ask us as we are likely to have some to give you. [School Uniform | Sharow Primary School](#)

Punctuality

The school day begins at 8.45am and in each classroom the learning starts promptly. Good punctuality at school is essential for children to achieve their full educational potential. It is also vital for children to form good habits for later life. Therefore, it is really important that your child arrives a school and on time.

Safety in the digital world

As the festivities are finishing; I'm sure there will be several new computers and devices that have been given and received, for some children they will have received their first device, so now feels like a perfect time to look at how we can keep safe in the digital world. This also leads very nicely into Sharow's Safer Internet Day which is on 25th January 2024.

Keeping safe online: Guides to Digital Technology

You don't need to be an expert on the internet to help children stay safe online. There is a large amount of advice and resources are here to support you as you support children to use the internet safely, responsibly and positively, including:

UK Safer Internet Centre: Parents guide to technology (a useful guide for using a setting up phones, tablets, laptops, consoles, smart speakers etc) [Parents and Carers - UK Safer Internet Centre](#)

ThinkYouKnow is a site created by the National Crime Agency's CEOP Education Team – with a vast array of information for professionals, young people and parents and carers around how to keep safe online. [CEOP Education \(thinkuknow.co.uk\)](#)

INEQE Safeguarding group: Share regular up to date information about the keeping safe online with a selection of handy 'shareables' around online safety [Online Safety Shareables - Ineqe Safeguarding Group](#) including:

- My child's first device
- Keeping gamers safer
- Esports

As well as all social media platforms and current games.

[Internet matters](#) also has series of guides and resources for safely setting up specific consoles, video games and platforms, so if a child receives a new games, or device you can simply search for a handy step by step guide on how to set up or play safely [Gaming consoles and platforms - Internet Matters](#), [Tech guide: buyer's guide for parents | Internet Matters](#)

Keeping safe online: Have the conversation

As the online and digital world is such an integral part of children's lives now, it's important for us to continue to have regular conversations with children about their lives online and staying safe. Not sure where to begin? The UK Safe Internet Centre have some starter suggestions that can help.

Ask your children to tell you about the sites they like to visit and what they enjoy doing online.

What games do you and your friends like to play online? Can you show me the websites you visit the most? Shall we play your favourite game online together?

Ask them about how they stay safe online.

What tips do they have for you, and where did they learn them? What is OK and not OK to share?

Ask them if they know where to go for help.

Where can they go to find the safety advice, privacy settings and how to report or block on the services they use?

Think about how you each use the internet.

What more could you do to use the internet together? Are there activities that you could enjoy together?

Keeping safe online: A digital Diet

What is A Digital Diet? [Limited Screen Time: The Key To A Healthy Digital Diet — The Social Switch Project](#)

A Digital Diet refers to the balance of online content you consume, similar to how we watch our food intake. It's about being aware of how the things we see and do online affect our mental and physical health.

Being mindful of what we consume online, whether it's positive or negative, and how we use certain apps is increasingly important. Just as a balanced diet includes different types of food for our body's well-being, a balanced digital diet is crucial for overall well-being.

Now apply this to your own digital diet, reflect on which apps you use, and categorise them:



Digital diet plate

Fruits and Vegetables: Health and Well-being apps such as Calm and Headspace.

Protein: Productivity apps such as email and WhatsApp.

Sweets and Treats: Consumer apps such as TikTok and Facebook.

Carbohydrates: Entertainment apps such as Soundcloud and Netflix, and games.

Staffing

We are pleased to announce that Mrs Morgan has joined our team. She will be supporting in Hawking class in a morning and then teaching in other classes across the school in afternoons.

Sadly, we also announce that Mrs Bellwood will be leaving us on 19th January. She has enjoyed her time at Sharow school and will be very sorry to leave but has secured a new role with less hours.

Recruitment is currently underway.

During the transition period between administrators, we would ask that you appreciate the challenge and know we will be doing our best.

Note from FOSS

FOSS, (Friends of Sharow School) is your schools PTA and we volunteer to raise money for the school. These funds are then used to directly benefit our children; from the school's new piano to books and festive treats for our kids.

But we couldn't do it without willing family, friends, carers and teachers. So this is a little note to say a big THANK YOU to you all, for any cups of tea, raffle tickets or bouncy castles you have put your hand in your pocket for this year. It does go a long way towards helping the children have some lovely experiences and opportunities.

Spring Term Menu

The Spring Menu is now on our website you can view the menu by clicking [here](#) or you can collect a copy from the school office.



New Year's School Disco Thursday 18th January 5-7pm

We hope that a New Year's Disco with lots of sparkles will be something to look forward to after the holiday. There will be refreshments (hot dogs etc) and cake donations gratefully accepted. See you there!

World Book Day 7th March

The children are invited to come to school dressed as either a character from a book, or to represent a fact from a book. They should bring the book with them as there will be activities based on their costumes and the books.

Safer Internet Day 25th January

There will be parent information sessions on Safer Internet Day, delivered by Tim Pinto. Parents who attended these last year, found them very helpful so please join us if you can. There will be a face-to-face session before the end of the school day and a virtual session later in the evening.

STEM Career

Would you like to come into school to talk about your job to the children in one of our classes? As part of our science curriculum we want to make the children more aware of the real-life applications of science. We want to show that many people in our school community use science as part of their career or for a hobby; realising that not all scientists wear white coats.

Please complete the [form](#) below if you or someone you know are interested in sharing your experience with us.

We look forward to hearing from you and learning all about your world of work!

Miss Tye (Science Lead)

Parents of Nursery Children

If you live within North Yorkshire and your child was born between 1 September 2019 and 31 August 2020, they are due to start school in September 2024 and you need to apply for a primary school place by 15 January 2024. Further information from the North Yorkshire Admissions team can be found [here](#).

If you know of any families/friends who have children that may be interested in joining our school, please ask them to make contact and we would be delighted to show them around.

Out of school achievements

If your child has any out of school achievements, we would love to hear about them. Send pictures and information to admin@sharow.n-yorks.sch.uk

Information for Parents

Please click [here](#) for information on the St John Ambulance Badger programme for children aged 10 and over.