

# PSHE Long Term Plan

This plan has been created with the following considerations:

- PSHE is taught weekly and therefore does not need to be broken up or divided into school terms.
- EYFS have been given slightly longer for the first two units whilst routines are established and learning efficiency is developed.
- There are 39 weeks in the school year.
- All years from year 1 will begin with an introductory lesson and end with a transition lesson.
- Citizenship is taught in the Autumn term to allow it to be enhanced with the year 5/6 residential to London.
- Economic Wellbeing is taught running up to Christmas as this is a peak time for advertising and when families may feel a financial strain.
- Safety and the Changing Body has been placed in the middle of the year so that there is enough time before to build expectations for discussion of sensitive topics in the classroom and establish relationships. This also ensures that these topics covered at the right time for most children and that there is time afterwards for staff who know them to pick up any problems or concerns.
- Health and Wellbeing is taught before the summer months begin so that sun safety can be applied.
- Families and Relationships is the last topic in the year, but as the curriculum is cyclical this can be thought of as neither the first or last in the learning cycle. This also prepares our older children well for moving onto new settings and building new relationships.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	20	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
EYFS		Self-regulation: My feelings							Building relationships: Special relationships							Managing self: Taking on challenges					Self-regulation: Listening and following instructions					Building relationships: My family and friends					Managing self: My wellbeing								
KS1	Introductory lesson	Citizenship							Economic Wellbeing					Safety and the Changing Body					Health and Wellbeing					Families and Relationships							Transition lesson								
LKS2		Citizenship							Economic Wellbeing					Safety and the Changing Body					Health and Wellbeing					Families and Relationships															
UKS2		Citizenship							Economic Wellbeing					Safety and the Changing Body					Identity		Health and Wellbeing					Families and Relationships													

Approximate half terms are shown with shading, although these vary from year to year. Autumn 1 Autumn 2 Spring 1 Spring 2 Summer 1 Summer 2